

Located in Downtown Buffalo,

Terrace House offers an alternative to hospitalization for substance withdrawal management and stabilization services. Our 68-bed residential facility provides 24/7 care to ensure safety and support for all patients. We offer a comprehensive multidisciplinary team approach based on the highest professional standards. Staff members hold various professional degrees including medicine, psychiatry, nursing, social work, mental health counseling, alcohol and substance use counseling and art therapy.



Horizon Village Terrace House

DETOX AND STABILIZATION SERVICES



Restore your life and health.

CALL FOR AN APPOINTMENT TODAY

716.831.1800

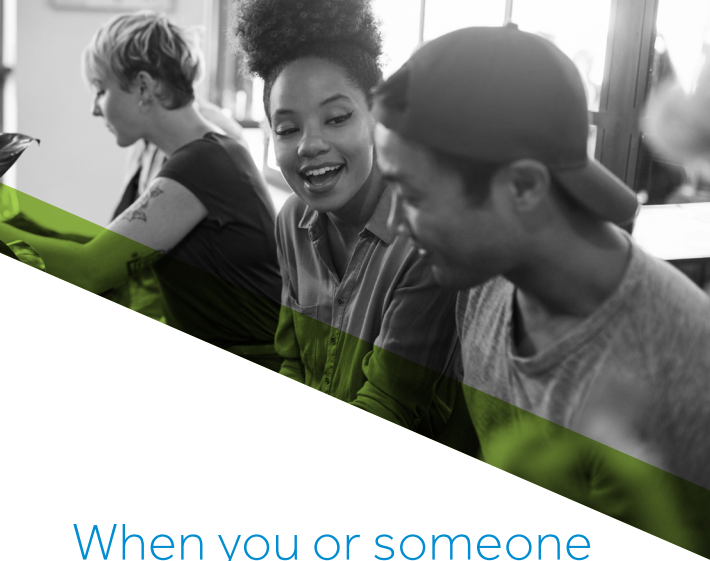
horizon-health.org

Our Mission

*Together for Recovery.
Changing Lives. Saving Lives.*

Rev. April 2024





When you or someone you love is ready to stop using substances,

the symptoms of withdrawal can be overwhelming and oftentimes may lead to reoccurrence of use because the conditions can be severe and uncomfortable. Terrace House offers a safe place for medically supervised withdrawal (detox) from substances such as opioids, alcohol and/or benzodiazepines.

TREATMENT INCLUDES

- Development of skills to manage substance use, thoughts and cravings
- Coordination with medical providers to prescribe needed medications
- Interventions to stabilize patients' mental and physical health conditions
- Involvement of family and community support systems
- Vocational and educational counseling
- Aftercare planning
- Gender-affirming services to all individuals despite their gender identity and/or sexual orientation
- Harm reduction education and resources

Detox

Our medically supervised withdrawal (detox) program provides 24/7 medical and nursing staff to safely withdraw patients from substances use. Patients receive medications and individual and group treatment to help them with their symptoms, and are linked at discharge to ongoing treatment to stabilize their newly established recovery.

- Medication protocols utilized to assist with safe detoxification
- History and physical conducted by medical provider
- Clinical interventions through individual and group therapy
- Referrals and linkages to appropriate aftercare treatment programs



Stabilization

Our stabilization program serves patients who are not experiencing acute withdrawal symptoms, but require personalized and holistic care in a residential setting to support their ongoing recovery. Each patients' length of stay is dependent on their specific needs, including those for their substance use, physical health, mental health, and family reintegration.

- 24/7 medical and nursing staff available
- Psychiatric and addiction medicine assessments
- Individualized counseling service
- Specialized group therapy
- Family counseling and education groups
- Wellness classes
- Opioid overdose prevention training for patients and loved ones
- Recovery Coach services
- Assistance with linkage to aftercare programs

