



Want
to pursue
your goals
and dreams?

Not sure
how to
go about it?

Our Rehabilitation and Recovery Program can help!

Persons with psychiatric disabilities have the same goals and dreams as any other person. You want a decent place to live, suitable work, social activities and friends to whom you can turn in times of crisis. At Horizon, we understand this, and we are committed to knowing and understanding the life goals of everyone we serve through our Rehabilitation and Recovery Program.

This program provides treatment for individuals 18 years of age

and older who require more intensive psychiatric treatment than a clinical setting can provide. Services include:

- **Medication Therapy**
- **Self-esteem Development**
- **Anxiety/Depression Management**
- **Skills Identification and Development**
- **Vocational Assessment and Referral**
- **Social Skills**

All program tracks include individual counseling sessions to discuss obstacles that arise during treatment, for treatment and discharge planning and referral.

For more information about our Rehabilitation and Recovery Program, which is available at several of our locations, please call us at 831-1800. You can feel good about yourself, your skills and your achievements and we can help!



www.horizon-health.org