

How to Join Your Telehealth Visit

On the Day of Your Appointment

An automated text message and email will be sent to you 30 minutes before your scheduled appointment time with the secure link to enter your visit.

Please use this link at your scheduled appointment time.

Telehealth Link: Your upcoming telehealth appointment with Christian is scheduled for Thursday, January 8th 2026 at 10:00 AM.

Please use this link at your appointment time to join:

<https://myvirtual.care/pYnB8QrewSVad8WSHkXHZ>

Tip: Use this link to rejoin if you get disconnected.

Step 1: Open your Invite

- At your appointment time, open the email or text message you received.
- Click the secure link to begin your telehealth visit.

Step 2: Enter Your Information

- Enter your preferred name and phone number.
- Review and acknowledge the Notice of Privacy Practices
- Click Next to continue

Step 3: Allow Access

- When prompted, allow access to your camera and microphone.

Step 4: Wait for Your Provider

- If you join before your provider arrives, please remain connected.
- Your care team member will be with you shortly.

Need Help?

- If you experience technical issues, please contact your clinic for assistance.