

SAFER PROGRAM

Substance Abuse-Free Education/Intervention and Referral

DID YOU KNOW?

62% or teens have used alcohol by 12th grade

of teens have 12th grade

STATISTICS



Nearly half of individuals reporting cannabis use are between the ages of 12-25.



Of teens say they feel pressured to try drugs by their peers.



Of overdose deaths are aged 15 to 24.

50+%

Of teenagers have misused a drug at least once.

RISK FACTORS



Drinking alcohol and smoking weed/tabacco can lead to cancer.

Teens who start drinking before 15 are 4 times more likely to develop alcohol dependence later in life.



Use of cannabis can lead to a permanent drop in IQ.



Use of substances can worsen mental health.

SUPPORT & RESOURCES

Horizon Health Services is here to support your family as you navigate the challenges of substance use.

Our SAFER Program:

- Educates adolescents & young adults about substance use
- Conducts quick screenings to assess risk
- Connection to youth and family peer supports
- Refers to treatment if necessary



Contact us for more information:

SAFERReferrals@horizon-health.org



Drug Use Among Youth: Facts & Statistics | https://drugabusestatistics.org/teen-drug-use/ Alcohol and Your Health | https://niaaaforteens.niaaa.nih.gov/alcohol-and-your-health ide Effects of Marijuana | https://www.samhsa.gov/substance-use/learn/marijuana/risks Know the Effe