### Horizon Village Campus Residential Treatment

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WE BELIEVE IN HOPE. WE BELIEVE IN RECOVERY.





#### Overview

The Horizon Village campus offers several different types of residential rehabilitation options to treat substance use and co-occurring mental health disorders at our serene and secure campus in Sanborn, NY. We are a facility dedicated to the total care of our patients by providing integrated treatment, including a focus on medical, psychological, spiritual, social, environmental, and family needs.



## Horizon Village

Horizon Village is a 50-bed rehabilitation treatment program for those who identify as men. With our patients' comfort and safety in mind, this adult-only facility provides a comprehensive, individualized recovery program that uses evidence-based practices and focuses on the whole person.



### Freedom Village

Freedom Village offers specialized programming and treatment interventions geared towards veterans and first responders who identify as men. We incorporate specialized individual and family services for those who may have post-traumatic stress disorder or struggle with additional mental health disorders.



# Delta Village

Delta Village provides intensive substance use disorder treatment, focusing on rehabilitation services for young adults who identify as men. We aim to offer patients and their families the opportunity to learn about substance use disorders, develop and practice the coping skills needed to be successful in life, work on repairing and developing healthy relationships, and help individuals regain control of their life without relying on substances.



Aurora Village was established to serve the specific needs of adults who identify as women suffering with a substance use disorder. Patients are provided the opportunity to better understand their disease, learn healthy coping skills, and regain control of their lives all while in a safe and supportive environment.

# Aurora Village



#### Wellness Center

Physical wellness is key to recovery. The Wellness Center contains a gymnasium and fitness facility focused on patient wellness and recreation as part of their overall recovery. Our wellness counselors and personal trainers provide health education and fitness direction to patients. Cycling classes, yoga classes, basketball games, volleyball games, pickleball games and more are a weekly occurrence on the campus.



### Hilary's House

We believe family involvement is an essential component of supporting those on their recovery journeys. Hilary's House is a retreat center for patients and their loved ones to connect, heal, and grow in a warm and welcoming environment. In addition to hosting family programming and visitations, the space is also used for clinical trainings for staff and opportunities for education and awareness.



The Family Program at the Horizon Village Campus addresses the needs of family members and loved ones who have been affected by substance use. We view it as an essential part of treatment and recovery. Programming provides family members and friends with the skills and resources to support their loved ones. It explores family patterns and assists with the expectations of early recovery. By working together, we believe healing is possible.

# Family Programming



#### Our Programs Offer:

- Education on substance use disorders
- Family programming
- Group and individual counseling
- Evidence-based practices
- Health and wellness program
- Medical and psychiatric evaluation
- Addiction medicine consultations, often including medications (MAT)
- Mental health counseling

Our Campus Grounds Offer:

- Dining halls
- Fitness center
- Pavilion



- Opportunity for self-help and step-work
- Recovery Coach referral to assist with discharge planning
- Therapy dog program
- Trauma-informed care
- Vocational & education counseling
- Gender-affirming services to all individuals despite their gender identity and/or sexual orientation

- Picnic area
- Volleyball court
- Walking paths

#### **Our Mission**

*Together for Recovery. Changing Lives. Saving Lives.* 

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We believe that recovery is possible, and individuals facing substance use disorder have the right to the highest quality of treatment. For more information on Horizon Village or other programs offered by Horizon Health Services, please call (716) 831-1800.

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